

#### YMCA of Hong Kong Christian College



### **Lunch Enrollment Form For All Students**

Nov-Jan 2024

We at Chartwells are the food service provider for YMCA of Hong Kong Christian College. Our commitment is to offer a wide range of healthy food for students and to help educate children about making healthy food choices. We provide salads, juice, gourmet sandwiches and many other healthy and delicious snacks, as well as daily hot lunches, prepared by our on-site team.

To enroll in our program: 1. Please complete the form below, select your meal choice and fill in A, B or C in the box provided next to each date. 2. Complete this form and return it to the school cafeteria with the payment. 3. For the Online Enrolment please complete the online form in this link:

https://www.compass-hk.com/ChartwellsMenu/YMCAform.pdf and pay through PPS or submit a cheque Only to our Unit Manager. See full Menu here: https://www.compass-hk.com/ChartwellsMenu/YMCA.pdf

Payment MethodsONLY:
1. By Hand or By Post: Please make the cheque payable to "Compass Group Hong Kong Ltd." and hand in the cheque (with completed Enrollment Form) to the school cafeteria, any time before the cut-off date given at the bottom of this form via post address, to: Cafeteria, 2 Chung Yat Street, Tung Chung, Hong Kong

You may contact our Unit Manager: YMCA @compass-hk.com or call 2988 2099 for further information.

2. PPS: We also accept PPS payment for meal enrollment. With PPS, you can make payment with your smart phone or via the Internet. Our PPS Merchant Code is: 9737 and your \*PPS Bill Account Number of YMCA of Hong Kong Christian College is 3155 + student number and Class Number / Name). Please allow two working days for payment transaction.

Name: Stude	(first name)	(family name)	_	Class for : Contact No:		(If not known, please leave blank)
Email: Paymer Method	d: PPS Ref. No:		_		Cheque No:	
Monda	y-Friday Meal Plan:					
	All days in Nov to Jan	50 days	X	HK\$	34.00 =	HK\$1,700.00
		0	r			
Open P	Plan:					
	Please select number of meals     Fill in the box provided next to the dates (as in the <b>Example</b> , below).	Number of d	ays _		x HK\$34.00	Total Amount
MON 2   A	*Please choose the meal A choosing 1 Month or 2-3 M * 3/11 Parents Teacher *8/11 9/11 Make Up Day	onths of Lunch Enrolme Conference (Special 1	nt. 'imetabl*	8/12 Half da	y before IFF	options of  *6-13/1 Mid Year Exam 0/1 Mid Year Exam (F.3-F5)

M	on	Tı	ıe	Nov W	/-23 ed	Th	nu	F	ri
				1		2		3	
6		7		8		9		10	
13		14		15		16		17	
20		21		22		23		24	
27		28		29		30			
Total:21Day's (\$714)									

М	on	Τι	ıe	Dec-23 Wed Th		nu Fri		ri	
								1	
4		5		6		7		8	
11		12		13		14		15	
18		19		20		21		22	
25		26		27		28		29	
	Total:8Day's(\$272)								

М	on	Τι	ıe		n-24 ed	hu	Fri		
1		2		3		4		5	
8		9		10		11		12	
15		16		17		18		19	
22		23		24		25		26	
29		30		31					
	Total :21days's(714)								

#### Please return this form On or before October 20, 2023

Via mail, or hand it in to the school's Cafeteria Box or Staff. Kindly STAPLE the bank cheque with this form. Kindly note that no refund can be given if cancellation for the day is received after 10am. \*No refund may be given to the student due to school closure cause by typhoons or strong weather condition.



# SCHOOL MENU













































Green MONDAY

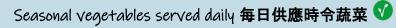
Tuesday

Wednesday

Thursday

Fun Friday

	Nov 6	Nov 7	Nov 8	Nov 9	NoV 10
<u>Meal</u> A	Vegetarian Lasagne 素千層麵 ✓○↑炒	Chicken Tikka Masala with Naan bread 雞肉咖哩配印度烤餅	Korean Spiced Beef with Rice 韓式五香牛肉飯	Bolognese Pasta 肉醬意粉	Fish Burger with Corn 魚柳包配粟米
<u>Meal</u> B	Roasted Bell Pepper & Hummus Wrap 烤彩椒鷹咀豆泥卷	Teriyaki Pork & Broccoli with Red Rice 照燒西蘭花雞肉配紅米飯	Coq Au Vin with Mashed Potato 法式紅酒燉雞配薯蓉	FriedRice 炒飯 ○ <mark>み</mark> V	Roasted Thyme & Rosemary Chicken with Mashed Potato 香草烤雞配薯蓉
<u>Meal</u> C <b></b> ✓	Baked Mac & Cheese 芝士焗通粉	Mushroom & Onion Frittata with Sweet Corn 意式蘑菇洋蔥烘蛋 配粟米粒	Mushroom & Tomato Pesto pasta 蘑菇番茄香蒜醬義大利麵	Mixed Vegetable Vindaloo with Rice 印度蔬菜咖哩配飯	Veggie Meatball pasta 素肉丸意大利面





















Peanut Alert

































Soy Alert 含大豆





Fish Alert 含魚類

Peanut Alert 含花生



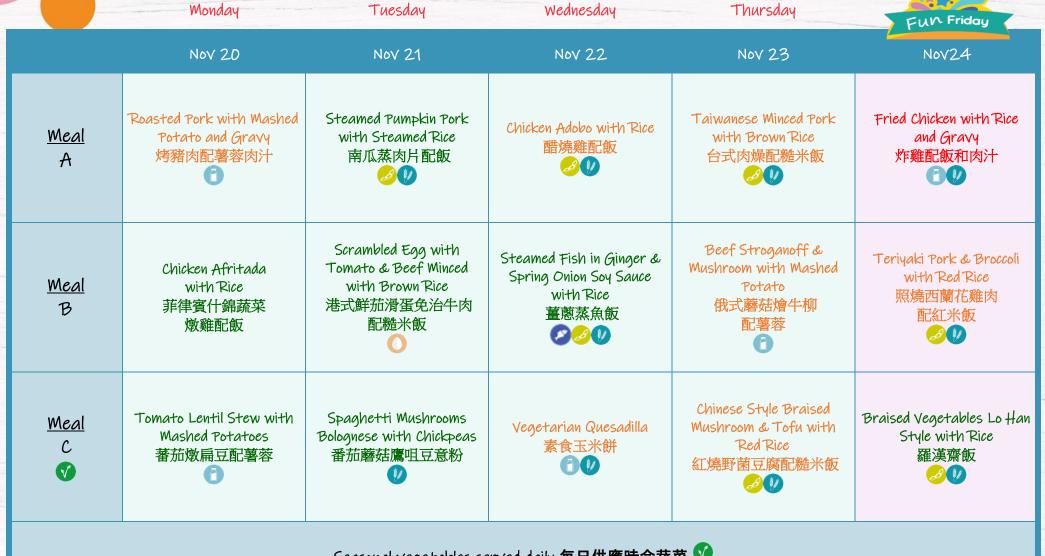


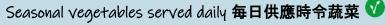






























Soy Alert 含大豆





含花生























Soy Alert 含大豆







Peanut Alert 含花生















# **Lunch Menu** December 2023





















Peanut Alert 含花生













# **Lunch Menu** December 2023













Soy Alert 含大豆





Shellfish Alert 含貝殼類海鮮

Peanut Alert 含花生















# **Lunch Menu** December 2023













Soy Alert 含大豆







Peanut Alert 含花生











FUN Friday Monday Tuesday Wednesday Thursday Jan 3 Jan 4 Jan 5 Thai Grilled Chicken with Cog Au Vin with Mashed Beef Lasagne Meal Potato Rice 牛肉千層面 法式紅酒燉雞配薯蓉 泰式烤雞飯 Steamed Sole Fish with Roasted BBQ Pulled Pork Spaghetti Creamy Ginger and Spring Onions Burger with Corn on Cob Meal Bacon Carbonara and Red Rice 烤燒烤手撕豬肉漢堡 煙肉卡邦尼意粉 薑蔥蒸魚柳配紅米飯 配粟米 000 Scrambled Egg & Tomato Eggplant Marinara with Meal Thai Vegetarian Green Rice Pasta C Curry with Red Rice 茄醬茄子長通粉 番茄炒蛋配飯 素泰式青咖哩配紅米飯 Seasonal vegetables served daily 每日供應時令蔬菜 🖤











Soy Alert 含大豆







Fish Alert 含魚類

含花生













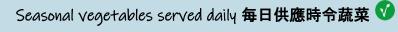
Tuesday

Wednesday

Thursday

Fun Friday

	Jan 8	Jan 9	Jan 10	Jan 11	Jan 12
<u>Meal</u> A	Vegetarian Lasagne 素千層麵	Chicken Tikka Masala with Naan bread 雞肉咖哩配印度烤餅	Thai Pork Red Curry with Red Rice 泰式豬肉紅咖哩紅米飯	Bolognese Pasta 肉醬意粉	Fish Burger with Corn 魚柳包配粟米
<u>Meal</u> B	Aglio e Olio 香蒜橄欖油意大利麵 <b>V</b> V	Teriyaki Pork & Broccoli with Red Rice 照燒西蘭花雞肉配紅米飯	Thai Gai Yang with Rice 泰式烤雞飯	Fried Rice 炒飯 〇日	Roasted Thyme & Rosemary Chicken with Mashed Potato 香草烤雞配薯蓉
<u>Meal</u> C <b></b> ✓	Sweet Potato Kale Curry with Rice 甜薯什菜咖哩飯	Baked Mac & Cheese 芝士焗通粉	Vegetarian Thai Pineapple Fried Rice 素食泰式鳳梨炒飯	Vegetarian Chili Con Carne with Pita Bread 素墨西哥豆醬烤餅	Veggie Meatball pasta 素肉丸意大利面























Peanut Alert























Soy Alert 含大豆





Peanut Alert































Soy Alert 含大豆







Peanut Alert

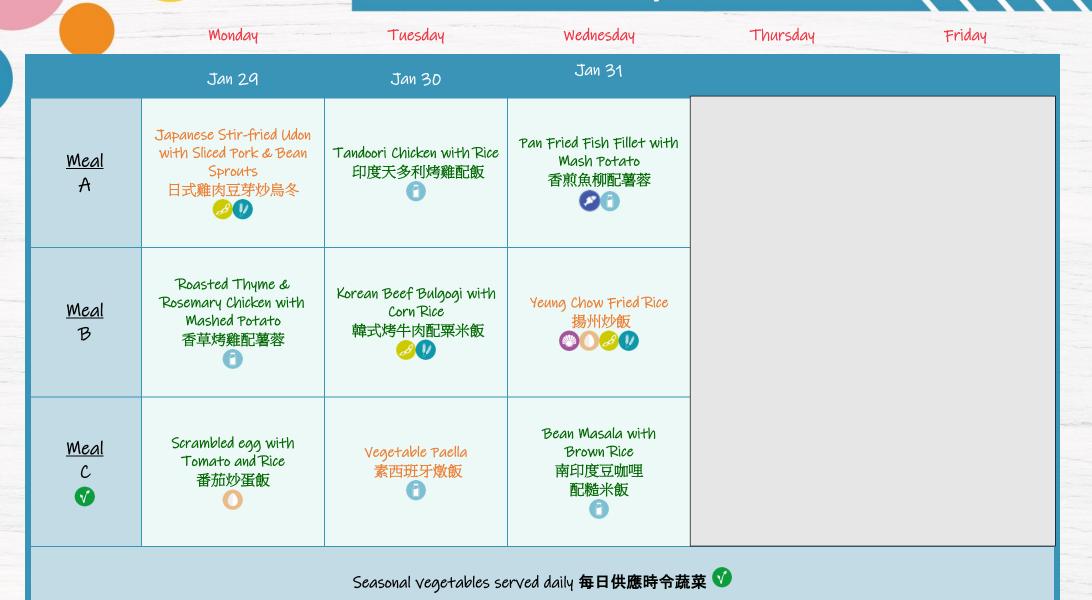
Wheat Alert





























Peanut Alert 含花生









